



FAQ'S

WILL YOU BE INTRODUCING A BOOKING SYSTEM FOR GYM WORKOUTS?

As we have been able to increase the floor space of the gym significantly by moving our studio into our function room, we are operating with a maximum capacity on a first come first serve basis. We will provide a small waiting area for members, however, with the increased floor space we anticipate the area only having to be used on rare occasions.

WILL THE CHANGING ROOMS BE AVAILABLE?

Yes, the changing rooms will be made available with a limited capacity so we encourage our members to come ready to train. The Showers and Saunas will remain closed in line with government guidance.

WHAT WILL HAPPEN TO MY MEMBERSHIP?

Don't worry, your payments are still currently frozen. We will automatically un-suspend everyone once we re-open on Saturday 25th July. Your first payment will be due at the start of August. As we know you lost 11 days at the end of March, we will be reducing your first payment to reflect this.

WILL YOU BE DOING CLASSES?

Yes, we have moved classes to our function room where members will participate in the class in their own designated 'Workout Zone'. We have had to limit the timetable a little and have also had to introduce gaps in between classes to help avoid congestion. The new class timetable will be posted online in due course.

I AM 'AT RISK' DUE TO HEALTH ISSUES. CAN I REMAIN SUSPENDED?

We are happy to review this on a case by case basis. Please email the club to ask us to review your membership.